



Summer Holidays With A Baby

BABY TRAVEL CHECKLIST



Baby Travel Checklist

CLOTHING AND BEDDING



WARM WEATHER DESTINATIONS

(E.G., BEACH OR TROPICAL LOCATIONS)

- 5-7 SHORT-SLEEVED ONESIES OR BODYSUITS
- 3-5 LIGHTWEIGHT PANTS OR SHORTS
- 2 SUN HATS
- 2 SWIMSUITS
- 1-2 SUN-PROTECTIVE CLOTHING (LONG-SLEEVED SHIRTS, SWIM COVER-UPS, ETC.)
- 4-5 PAIRS OF SOCKS
- 1 LIGHT JACKET OR CARDIGAN
- 3-4 SLEEPSUITS OR PYJAMAS (CONSIDER SLEEVELESS FOR WARMER NIGHTS)



COOLER WEATHER DESTINATIONS

(E.G., MOUNTAIN OR MILD CLIMATE LOCATIONS)

- 5-7 LONG-SLEEVED ONESIES OR BODYSUITS
- 5-7 PANTS OR LEGGINGS
- 2-3 SWEATERS OR HOODIES
- 2 WARM HATS
- 4-5 PAIRS SOCKS
- 1 JACKET OR COAT
- 3-4 SLEEPSUITS OR PYJAMAS (LONG-SLEEVED)



BEDDING ESSENTIALS

- PORTABLE CRIB OR BASSINET
- 2-3 FITTED CRIB SHEETS
- 2-3 LIGHTWEIGHT BLANKETS
- 1-2 COZY BLANKETS



EXTRA ITEMS

- 5-7 BIBS
- 1-2 PAIRS BOOTIES
- 1 PAIR SOFT-SOLED BABY SHOES
- 1 PAIR BABY SUNGLASSES
- 2 BANDANA BIBS (FOR TEETHING OR DROOLING BABIES)
- BABY COMB
- BOW TIES, HEADBANDS, OR OTHER DECORATIVE ACCESSORIES (IF DESIRED)





Baby Travel Checklist

FOOD AND FEEDING SUPPLIES



FORMULA FEEDING

- BRING ENOUGH FORMULA FOR THE ENTIRE TRIP
- EXTRA FORMULA – BRING AN ADDITIONAL 1-2 DAYS' WORTH
- 2-3 EMPTY BOTTLES (FOR MIXING AND STORING FORMULA ON THE GO)



BREASTFEEDING

- 1 NURSING COVER (FOR COMFORT AND PRIVACY)
- 10-12 PAIRS OF BREAST PADS
- BREAST PUMP (PORTABLE AND LIGHTWEIGHT FOR TRAVELLING)
- 20-25 STORAGE BAGS (FOR PUMPED BREAST MILK)
- 1 COOLER BAG (TO KEEP PUMPED MILK FRESH)
- 2-3 ICE PACKS (TO MAINTAIN THE TEMPERATURE OF PUMPED MILK)



BABY FOOD & SNACKS

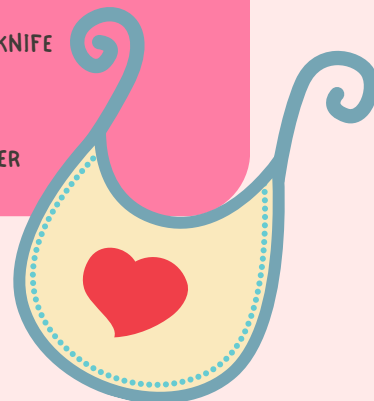
IF THE BABY IS EATING SOLIDS

- 1-2 PER DAY OF BABY FOOD JARS OR POUCHES
- 2-3 OPTIONS PER DAY PORTABLE BABY SNACKS
- FINGER FOODS: PUFFS, TEETHING BISCUITS, OR SMALL FRUIT PIECES



EXTRA ITEMS

- 3-4 WATERPROOF OR WIPEABLE BIBS (EASY CLEANUP)
- 2-3 BIBS WITH CATCH POCKETS (REDUCE MESS)
- 3-4 FEEDING BOTTLES
- 2-3 EXTRA BOTTLE NIPPLES
- 3-4 BABY SPOONS
- 1 SET OF BABY FORK AND KNIFE
- 2-3 SIPPY CUPS
- PORTABLE HIGH CHAIR COVER



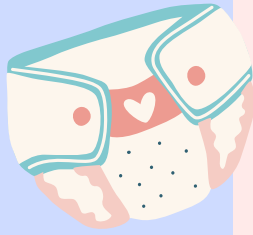


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DIAPERING, HEALTH & HYGIENE

DIAPERING

- 8 DIAPERS PER DAY
- 1-2 DAYS' EXTRA DIAPERS
- TRAVEL-SIZED PACK OF BABY WIPES
- DIAPER RASH CREAM
- DISPOSAL BAGS
- CHANGING PAD
- HAND SANITISER



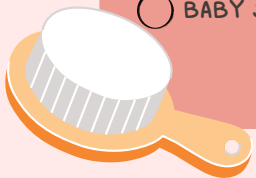
FIRST-AID KIT

- THERMOMETER
- BABY PARACETAMOL OR PAIN RELIEVER
- ADHESIVE BANDAGES
- STERILE GAUZE AND ADHESIVE TAPE
- ANTISEPTIC WIPES
- SALINE NASAL DROPS
- TWEEZERS AND SMALL SCISSORS
- ANTISEPTIC CREAM



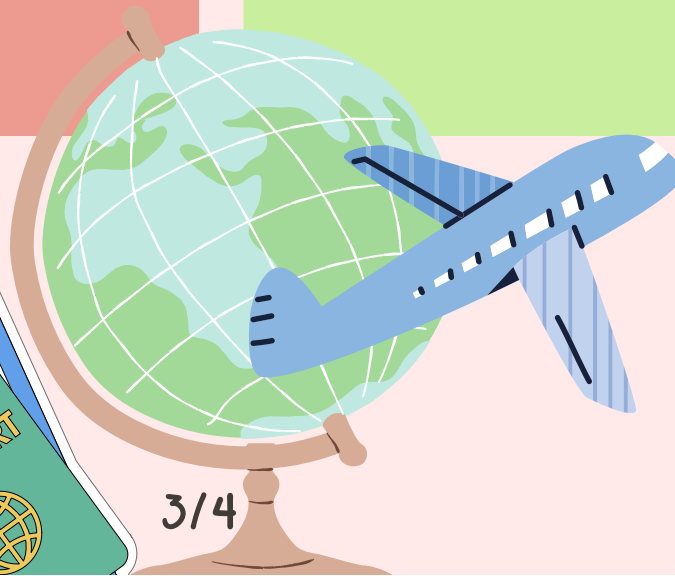
BABY TOILETRIES

- BATH WASH OR SOAP
- BABY LOTION OR MOISTURIZER
- NAIL CLIPPERS OR SCISSORS
- SOFT BABY BRUSH OR COMB
- BABY SHAMPOO



IMPORTANT

- BABY SUNSCREEN (50+ SPF)
- INSECT REPELLENT (WITHOUT DEET OR HARSH CHEMICALS)





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ENTERTAINMENT & COMFORT



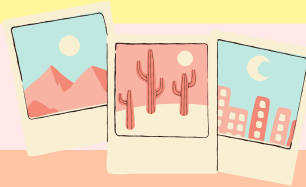
FAVOURITE TOYS, BOOKS, AND COMFORT ITEMS

- 3-4 OF MY FAVOURITE TOYS
- 1-2 SMALL, ENGAGING BOOKS
- BABY CARRIER
- STROLLER
- CAR SEAT
- 1 PAIR OF NOISE-CANCELLING HEADPHONES



OTHER IMPORTANT ITEMS

- PASSPORT AND VISA
- 2-6 PACIFIERS
- 10-30 DISPOSABLE PLASTIC BAGS
- STROLLER
- CAR SEAT
- 1 PAIR OF NOISE-CANCELLING HEADPHONES
- BABY MONITOR



PLACE FOR YOUR IDEAS

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